

# Building Character and Capacity

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# Matt 5: 13-16 – you are salt and light

13 'You are the **salt of the earth**. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.

14 'You are the **light of the world**. A town built on a hill cannot be hidden. 15 Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. 16 In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

# Salt - Incarnational



# Light - Attractional



# What does salt and light look like?

- When you forgive rather than hold anger
- When you do not lust
- When you love your enemies
- When you pray in secret not for attention
- Who give to the needy without wanting recognition
- When you store treasure in heaven not earth
- When you do not worry but trust God
- When you do not judge harshly but first try get the plank out of your own eye

Its not about doing  
its about being

John 15:5

‘I am the vine;  
you are the branches.

If you remain in me and I in you,  
you will bear much fruit;  
apart from me you can do nothing.’

